POKEWORKS | ALLERGEN & NUTRITION INFO

POKE BOWLS

PROTEIN	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Ahi Tuna	No	No	No	Yes	No	No	No	No	Yes	No	Yes
Salmon	No	No	No	Yes	No	No	No	No	Yes	No	Yes
Spicy Salmon	No	No	Yes	Yes	No	No	No	Yes	Yes	No	Yes
Shrimp	No	No	No	Yes	Yes	No	No	No	Yes	No	Yes
Lobster Surimi	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Spicy Tuna	No	No	Yes	Yes	No	No	No	Yes	Yes	No	Yes
Chicken	No	No	No	No	No	No	No	Yes	No	No	Yes
Tofu	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes

PROTEIN	NUTRITION INFO										
	Oz/Scoop*	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Ahi Tuna	2	70	1.5	0	0	15	350	0	0	14	0
Salmon	2	120	9	1.5	0	30	380	0	0	11	0
Spicy Salmon	2	130	9	1.5	0	25	370	< 1	< 1	10	0
Shrimp	2	70	1	0	0	120	540	< 1	0	13	0
Lobster Surimi	2	60	1	0	0	30	520	7	2	7	< 1
Spicy Tuna	2	80	3	0	0	15	340	< 1	< 1	13	0
Chicken	2	90	3.5	1	0	35	80	0	0	12	0
Tofu	2	60	4	0.5	0	0	160	1	0	5	3

*Small Bowl = 1 scoop | Regular = 2 scoops | Large = 3 scoops

BASE	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
White Rice (S)	No	No	No	No	No	No	No	No	No	Yes	Yes
White Rice (R)											
White Rice (L)											
Brown Rice (S)	No	No	No	No	No	No	No	No	No	Yes	Yes
Brown Rice (R)											
Brown Rice (L)											
Salad Mix (S)	No	No	No	No	No	No	No	No	No	Yes	Yes
Salad Mix (R)											
Salad Mix (L)											
Kale Noodles (S)	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Kale Noodles (R)											
Kale Noodles (L)											
Ramen Noodles (S)	Yes	No	No	No	No	No	No	No	Yes	Yes	No
Ramen Noodles (R)											
Ramen Noodles (L)											

BASE	NUTRITION INFO										
	Oz/Bowl	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
White Rice (S)	4	150	0	0	0	0	0	32	0	3	0
White Rice (R)	8	290	0.5	0	0	0	0	64	0	6	< 1
White Rice (L)	8	290	0.5	0	0	0	0	64	0	6	< 1
Brown Rice (S)	4	130	1	0	0	0	0	27	0	3	2
Brown Rice (R)	8	250	2	0	0	0	0	53	0	5	4
Brown Rice (L)	8	250	2	0	0	0	0	53	0	5	4
Salad Mix (S)	1.5	10	0	0	0	0	10	2	0	< 1	< 1
Salad Mix (R)	3	20	0	0	0	0	25	4	< 1	1	2
Salad Mix (L)	3	20	0	0	0	0	25	4	< 1	1	2
Kale Noodles (S)	3.5	140	6	0.5	0	0	590	20	0	3	< 1
Kale Noodles (R)	7	280	11	1.5	0	0	1,190	39	0	7	2
Kale Noodles (L)	7	280	11	1.5	0	0	1,190	39	0	7	2
Ramen Noodles (S)	3.5	150	3	0	0	5	680	25	0	4	1
Ramen Noodles (R)	5	210	4	0	0	5	970	36	0	6	1
Ramen Noodles (L)	5	210	4	0	0	5	970	36	0	6	1

*S = small | R = regular | L = large

MIX-INS	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Cilantro	No	No	No	No	No	No	No	No	No	Yes	Yes
Cucumber	No	No	No	No	No	No	No	No	No	Yes	Yes
Diced Pineapple	No	No	No	No	No	No	No	No	No	Yes	Yes
Diced Mango	No	No	No	No	No	No	No	No	No	Yes	Yes
Edamame	No	No	No	No	No	No	No	Yes	No	Yes	Yes
Hijiki Seaweed	No	No	No	No	No	No	No	No	No	Yes	Yes
Sweet Corn	No	No	No	No	No	No	No	No	No	Yes	Yes
Shredded Kale	No	No	No	No	No	No	No	No	No	Yes	Yes
Shredded Cabbage	No	No	No	No	No	No	No	No	No	Yes	Yes
Serrano Pepper	No	No	No	No	No	No	No	No	No	Yes	Yes
Mandarin Orange	No	No	No	No	No	No	No	No	No	Yes	Yes
Sliced Onion	No	No	No	No	No	No	No	No	No	Yes	Yes

MIX-INS	NUTRITION INFO										
	Oz/Bowl	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Cilantro	0.2	0	0	0	0	0	0	0	0	0	0
Cucumber	0.8	0	0	0	0	0	0	< 1	0	0	0
Diced Pineapple	0.1 cup	15	0	0	0	0	0	3	3	0	0
Diced Mango	1	20	0	0	0	0	0	4	4	0	0
Edamame	0.8	25	1	0	0	0	0	2	0	3	1
Hijiki Seaweed	0.2	0	0	0	0	0	15	0	0	0	0
Sweet Corn	0.1 cup	15	0	0	0	0	30	3	1	0	0
Shredded Kale	0.5	5	0	0	0	0	30	1	0	< 1	< 1
Shredded Cabbage	0.5	0	0	0	0	0	0	< 1	0	0	0
Serrano Pepper	0.2	0	0	0	0	0	0	0	0	0	0
Mandarin Orange	0.1 cup	25	0	0	0	0	0	6	6	0	0
Sliced Onion	0.8	5	0	0	0	0	0	2	1	0	0

TOPPINGS	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Avocado	No	No	No	No	No	No	No	No	No	Yes	Yes
Soft Tofu	No	No	No	No	No	No	No	Yes	No	Yes	Yes
Chili Crisp	Yes	No	No	No	No	No	No	Yes	Yes	Yes	No
Green Onion	No	No	No	No	No	No	No	No	No	Yes	Yes
Masago	Yes	No	No	Yes	No	No	No	Yes	No	No	No
Pickled Ginger	No	No	No	No	No	No	No	No	No	Yes	Yes
Seaweed Salad	Yes	No	No	No	No	No	No	Yes	Yes	Yes	No
Surimi Salad	Yes	No	Yes	Yes	Yes	No	No	Yes	No	No	No
Thai Chili	No	No	No	No	No	No	No	No	No	No	No
Sesame Seeds	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Wasabi	Yes	No	No	No	No	No	No	No	No	Yes	No

TOPPINGS	NUTRITION INFO										
	Oz/Bowl	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Avocado	1	45	4	0.5	0	0	0	2	0	< 1	2
Soft Tofu	0.5	10	0.5	0	0	0	0	0	0	< 1	0
Chili Crisp	0.3	60	6	1	0	0	115	1	0	0	0
Green Onion	0.2	0	0	0	0	0	0	0	0	0	0
Masago	0.1	0	0	0	0	10	30	0	0	0	0
Pickled Ginger	0.5	10	0	0	0	0	170	2	1	0	0
Seaweed Salad	1	35	2	0	0	0	300	5	3	0	< 1
Surimi Salad	0.7	30	1.5	0	0	5	180	3	1	2	0
Thai Chili	0.1	0	0	0	0	0	0	0	0	0	0
Sesame Seeds	0.1	15	1.5	0	0	0	0	1	0	1	0
Wasabi	0.2	10	0	0	0	0	0	2	1	0	0

CRUNCH	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Garlic Crisps	No	No	No	No	No	No	No	No	No	Yes	Yes
Spicy Furikake	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Onion Crisps	Yes	No	No	No	No	No	No	No	No	Yes	No
Shredded Nori	No	No	No	No	No	No	No	No	No	Yes	Yes
Wonton Strips	Yes	No	No	No	No	No	No	Yes	No	Yes	No

CRUNCH	NUTRITION INFO										
	Oz/Bowl	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Garlic Crisps	0.5	70	0	0	0	0	0	7	0	0	0
Spicy Furikake	0.1	10	0	0	0	0	130	1	0	0	0
Onion Crisps	1	170	11	28	0	0	170	11	0	0	0
Shredded Nori	0.1	10	0	0	0	0	20	1	0	1	1
Wonton Strips	0.5	30	0	0	0	0	50	8	0	1	0

SAUCE	ALLERGEN (CONTAINS)									SUITABLE FOR	
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Pokeworks Classic	Yes	No	No	No	No	No	No	Yes	Yes	No	No
Pokeworks Classic											
Pokeworks Classic											

SAUCE	NUTRITION INFO										
	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Pokeworks Classic	Light	70	6	0.5	0	0	125	3	3	0	0
Pokeworks Classic	Medium	120	11	1	0	0	230	5	5	0	0
Pokeworks Classic	Heavy	180	16	1.5	0	0	340	8	7	0	0

Umami Shoyu	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Umami Shoyu											
Umami Shoyu											
Sweet Shoyu	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes
Sweet Shoyu											
Sweet Shoyu											
Sriracha Aioli	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes
Sriracha Aioli											
Sriracha Aioli											
Serrano Aioli	No	No	Yes	No	No	No	No	Yes	No	No	Yes
Serrano Aioli											
Serrano Aioli											
Ponzu Fresh	Yes	No	No	No	No	No	No	Yes	No	Yes	No
Ponzu Fresh											
Ponzu Fresh											
O.G. Shoyu	Yes	No	No	Yes	Yes	No	No	Yes	Yes	No	No
O.G. Shoyu											
O.G. Shoyu											
Hawaiian Salt & Chili	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Hawaiian Salt & Chili											
Hawaiian Salt & Chili											
Black Garlic Aioli	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Black Garlic Aioli											
Black Garlic Aioli											

Light	30	1.5	0	0	0	290	4	3	0	0
Medium	60	2.5	0	0	0	520	7	6	0	0
Heavy	90	3.5	0	0	0	780	10	9	0	0
Light	25	0	0	0	0	290	6	4	0	0
Medium	45	0	0	0	0	530	10	8	0	0
Heavy	70	0	0	0	0	790	15	12	0	0
Light	80	8	1.5	0	< 5	160	1	< 1	0	0
Medium	140	15	2.5	0	5	290	2	2	0	0
Heavy	210	22	3.5	0	10	440	3	3	0	< 1
Light	45	4.5	0.5	0	< 5	60	< 1	0	0	0
Medium	80	8	1.5	0	5	115	1	0	0	< 1
Heavy	120	12	2	0	10	170	2	< 1	0	1
Light	5	0	0	0	0	220	1	1	0	0
Medium	10	0	0	0	0	390	3	2	< 1	0
Heavy	20	0	0	0	0	580	4	3	< 1	0
Light	60	4	0	0	0	530	5	4	< 1	0
Medium	110	7	0.5	0	0	970	9	7	2	0
Heavy	160	11	1	0	0	1,450	13	11	2	0
Light	110	13	2	0	0	450	< 1	0	0	< 1
Medium	200	23	3.5	0	0	820	1	0	0	1
Heavy	300	34	5	0	0	1,230	2	0	0	2
Light	80	8	1	0	< 5	220	2	1	0	0
Medium	140	14	2	0	10	400	3	3	<1	0
Heavy	210	20	3	0	10	600	5	4	<1	0

*Light = 1 pump | Medium = 2 pumps | Heavy = 3 pumps

SIGNATURE WORKS

	ALLERGEN (CONTAINS)									SUITABLE FOR	
BOWLS	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Spicy Ahi (L)	Yes	No	Yes	Yes	No	No	No	Yes	Yes	No	No
Spicy Ahi (R)											
Spicy Ahi (S)											
Yuzu Ponzu Salmon (L)	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Yuzu Ponzu Salmon (R)											
Yuzu Ponzu Salmon (S)											
Hawaiian Ahi (L)	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Hawaiian Ahi (R)											
Hawaiian Ahi (S)											
Umami Ahi (L)	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Umami Ahi (R)											
Umami Ahi (S)											
Sweet Sesame Chicken (L)	Yes	No	No	No	No	No	No	Yes	Yes	No	No
Sweet Sesame Chicken (R)											
Sweet Sesame Chicken (S)											
Luxe Lobster (L)	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Luxe Lobster (R)											
Luxe Lobster (S)											
Sweet Shoyu Tofu (L)	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes
Sweet Shoyu Tofu (R)											
Sweet Shoyu Tofu (S)											
Avocado Salad (L)	Yes	No	No	No	No	No	No	Yes	Yes	Yes	No
Avocado Salad (R)											
Avocado Salad (S)											
Dynamite Lobster Bowl	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No

*S = small | R = regular | L = large

	NUTRITION INFO										
Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
1 bowl	790	28	11	0	65	1,470	76	4	55	4
1 bowl	710	26	11	0	50	1,120	76	4	40	4
1 bowl	490	24	10	0	35	770	44	4	23	4
1 bowl	810	31	8	0	85	2,120	87	18	42	3
1 bowl	680	22	7	0	60	1,740	87	18	31	3
1 bowl	410	14	5	0	30	1,360	55	18	17	3
1 bowl	760	22	2.5	0	50	1,640	84	11	54	4
1 bowl	680	20	2.5	0	35	1,300	84	11	40	4
1 bowl	460	19	2	0	15	950	52	11	22	4
1 bowl	680	12	1.5	0	55	1,870	82	10	56	3
1 bowl	610	10	1.5	0	35	1,520	82	10	41	3
1 bowl	380	8	1	0	20	1,170	50	10	24	2
1 bowl	820	27	5	0	110	830	91	17	47	5
1 bowl	730	24	4	0	75	750	90	17	35	5
1 bowl	500	20	3	0	35	670	58	17	20	4
1 bowl	680	19	6	0	90	2,490	99	17	28	4
1 bowl	620	18	5	0	60	1,970	93	15	21	4
1 bowl	410	17	5	0	30	1,460	54	13	11	3
1 bowl	640	20	3	0	0	1,280	91	13	26	10
1 bowl	580	16	2.5	0	0	1,120	90	13	21	8
1 bowl	380	12	1.5	0	0	960	56	13	13	7
1 bowl	350	20	3	0	0	790	38	9	14	19
1 bowl	280	14	2	0	0	790	35	8	13	17
1 bowl	190	7	1	0	0	630	27	7	11	12
1 bowl	1030	45	7	0	85	3,170	125	22	29	5

*Note: All bowls have medium portion of sauces (2 pumps)

HAWAIIAN HOT PLATES

	ALLERGEN (CONTAINS)									SUITABLE FOR	
HAWAIIAN HOT PLATE	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Charred Salmon Teriyaki	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No
Dynamite Spicy Shrimp	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Huli Huli Chicken	Yes	No	Yes	No	No	No	No	Yes	Yes	No	No

	NUTRITION INFO										
Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
1 plate	1,110	61	10	0	110	2,620	94	16	46	3
1 plate	960	46	7	0	220	1,830	96	5	33	3
1 plate	1,000	45	9	0	130	1,720	94	17	48	4

	ALLERGEN (CONTAINS)									SUITABLE FOR	
BURRITOS	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free
Spicy Ahi (L)	Yes	No	Yes	Yes	No	No	No	Yes	Yes	No	No
Spicy Ahi (R)											
Yuzu Ponzu Salmon (L)	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Yuzu Ponzu Salmon (R)											
Hawaiian Ahi (L)	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Hawaiian Ahi (R)											
Sweet Sesame Chicken (L)	Yes	No	No	No	No	No	No	Yes	Yes	No	No
Sweet Sesame Chicken (R)											
Luxe Lobster (L)	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No
Luxe Lobster (R)											
Sweet Shoyu Tofu (L)	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes
Sweet Shoyu Tofu (R)											

*R = regular | L = large

	NUTRITION INFO										
Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
1 burrito	780	28	11	0	65	1,500	73	4	56	5
1 burrito	710	26	11	0	50	1,150	73	4	41	5
1 burrito	800	31	8	0	85	2,150	84	18	43	4
1 burrito	680	22	7	0	60	1,770	84	18	32	4
1 burrito	750	22	2.5	0	50	1,670	81	11	55	5
1 burrito	400	20	2	0	35	1,320	22	11	35	4
1 burrito	810	27	5	0	110	860	87	17	48	5
1 burrito	720	24	4	0	75	780	87	17	36	5
1 burrito	900	40	33	0	90	2,600	104	14	28	5
1 burrito	840	39	32	0	60	2,080	97	12	22	5
1 burrito	670	22	3	0	0	1,610	93	17	27	11
1 burrito	610	18	2.5	0	0	1,450	91	17	22	10

SIDES & DESSERTS

SIDES	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Garlic Spam Musubi	Yes	No	No	No	No	No	No	Yes	Yes	No	No	1	220	7	1.5	0	15	530	31	3	7	1
Miso Soup	No	No	No	Yes	No	No	No	Yes	No	No	Yes	6.5oz	25	0.5	0	0	0	700	3	2	2	1
Chicken Miso Ramen Soup	Yes	No	Yes	No	No	No	No	Yes	Yes	No	No	6.5oz	150	4	0.5	0	20	1,190	18	2	10	2
Furikake Mac Salad	Yes	No	Yes	No	No	No	No	Yes	Yes	No	No	6oz	490	38	6	0	30	500	31	2	5	1
Surimi Salad	Yes	No	Yes	Yes	Yes	No	No	Yes	No	No	No	6.5oz	300	13	2	0	20	1,630	24	8	20	0
Spicy Edamame	Yes	No	No	No	No	No	No	Yes	Yes	No	No	6.5oz	260	14	2	0	0	520	17	4	21	9
Seaweed Salad	Yes	No	No	No	No	No	No	Yes	Yes	Yes	No	6.5oz	220	12	2	0	0	1,960	30	22	3	6

DESSERTS	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Coco Mango Haupia	No	Yes	No	No	No	No	No	No	No	No	Yes	1	220	7	1.5	0	15	530	31	3	7	0
Chocolate Chunk Cookie	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	1	380	19	11	0	45	430	50	28	5	2
Marshmallow Bar	No	Yes	No	No	No	No	No	Yes	No	No	Yes	1	230	5	3	0	15	240	45	24	2	0
Peruvian Chocolate Brownie	Yes	Yes	Yes	No	No	No	No	Yes	No	No	No	1	350	19	10	0	70	135	42	29	5	3

POKE BOMBS

POKE BOMBS	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Ahi Tuna	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	1	330	7	1	0	15	710	43	8	22	1
California	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes	No	No	1	320	6	1	0	5	890	52	11	14	2
Dynamite Lobster	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	1	310	6	1	0	30	880	50	10	14	2
Salmon	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No	1	380	14	2.5	0	30	740	43	8	18	1

BEVERAGES	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Classic Lemonade	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	140	0	0	0	0	0	37	32	0	0
Green Tea Lemonade	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	80	0	0	0	0	0	22	20	0	0
Lightly Sweetened Jasmine Green Tea	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	45	0	0	0	0	0	12	12	0	0

SIGNATURE DRINKS	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Jasmine Milk Tea	No	Yes	No	No	No	No	No	No	No	No	Yes	10.5 oz	150	2	1	0	10	90	28	28	7	0
Ube Milk Tea	No	Yes	No	No	No	No	No	No	No	No	Yes	10.5 oz	180	2	1	0	10	90	32	32	7	0
Mango Fresh Milk	No	Yes	No	No	No	No	No	No	No	No	Yes	10.5 oz	180	2	1	0	10	110	34	33	7	0
Strawberry Fresh Milk	No	Yes	No	No	No	No	No	No	No	No	Yes	10.5 oz	230	2	1	0	10	250	45	45	7	0
Pokeworks P.O.G.	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	100	0	0	0	0	85	26	24	0	0
Strawberry Lemonade	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	120	0	0	0	0	65	33	29	0	0
Mango Lychee Lemonade	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	130	0	0	0	0	35	33	29	0	0
Passion Lychee Green Tea	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	120	0	0	0	0	45	30	29	0	0
Mango Coconut Fresca	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	130	0	0	0	0	30	34	32	0	0
Strawberry Guava Fresca	No	No	No	No	No	No	No	No	No	Yes	Yes	10.5 oz	130	0	0	0	0	135	34	32	0	0

ADD-INS	ALLERGEN (CONTAINS)									SUITABLE FOR		NUTRITION INFO									
	Wheat	Milk	Eggs	Fish	Shellfish	Tree Nuts	Peanuts	Soy	Sesame	Vegan	Gluten-Free	Portion	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Sugar (g)	Protein (g)	Dietary Fiber (g)
Classic Boba	No	No	No	No	No	No	No	No	No	Yes	Yes	1.69 oz	110	0	0	0	0	0	26	12	0	0
Crystal Boba	No	No	No	No	No	No	No	No	No	Yes	Yes	1.5 oz	40	0	0	0	0	10	9	8	0	0